

HOW-TO

make a plus quilt

by For the Love of George





Hello

and welcome to *'how to make a plus quilt'*.

This quilt tutorial is perfect for beginners — there are only three different sized pieces to cut, the pieces are sewn in simple rows, and the finished quilt has a lovely graphic impact. I've tailored this pattern to suit fat quarters, but you could just as easily choose cut fabric lengths (I did, and I've got loads of leftovers for other crafty projects).

The original designer of the 'Plus' or 'Cross' quilt is unknown, but please read our [terms and conditions](#) regarding use and distribution of this tutorial, via the link above.

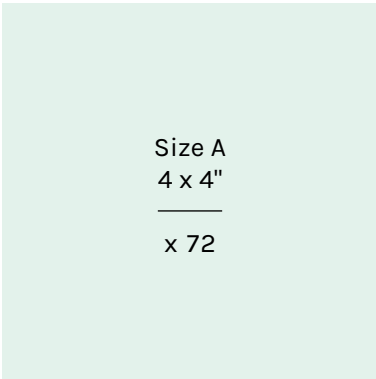


The finished size:
38 x 52" (cot size)

Seam allowance:
1/4-inch

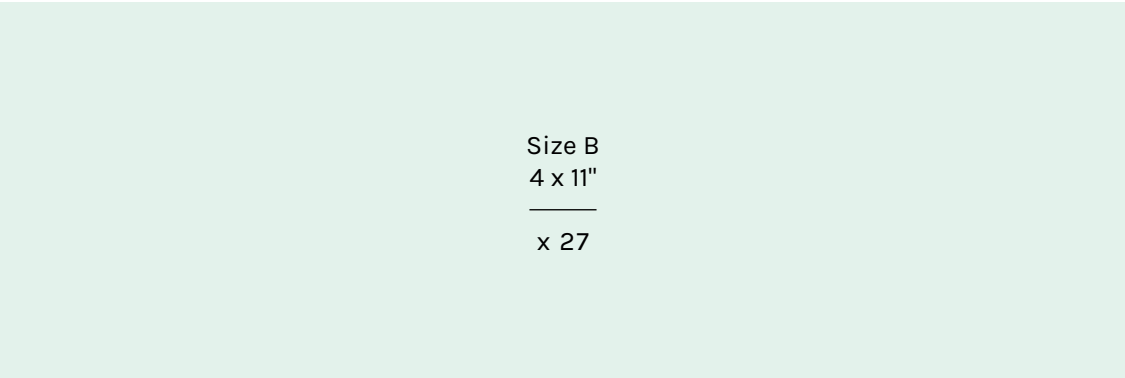
Yes!

Just three sizes to cut!



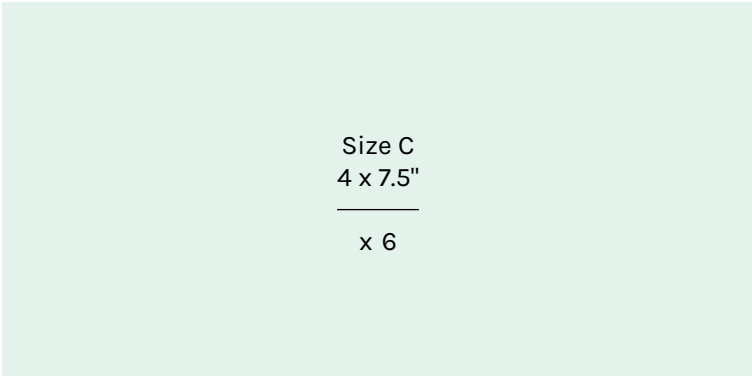
Size A
4 x 4"

x 72



Size B
4 x 11"

x 27

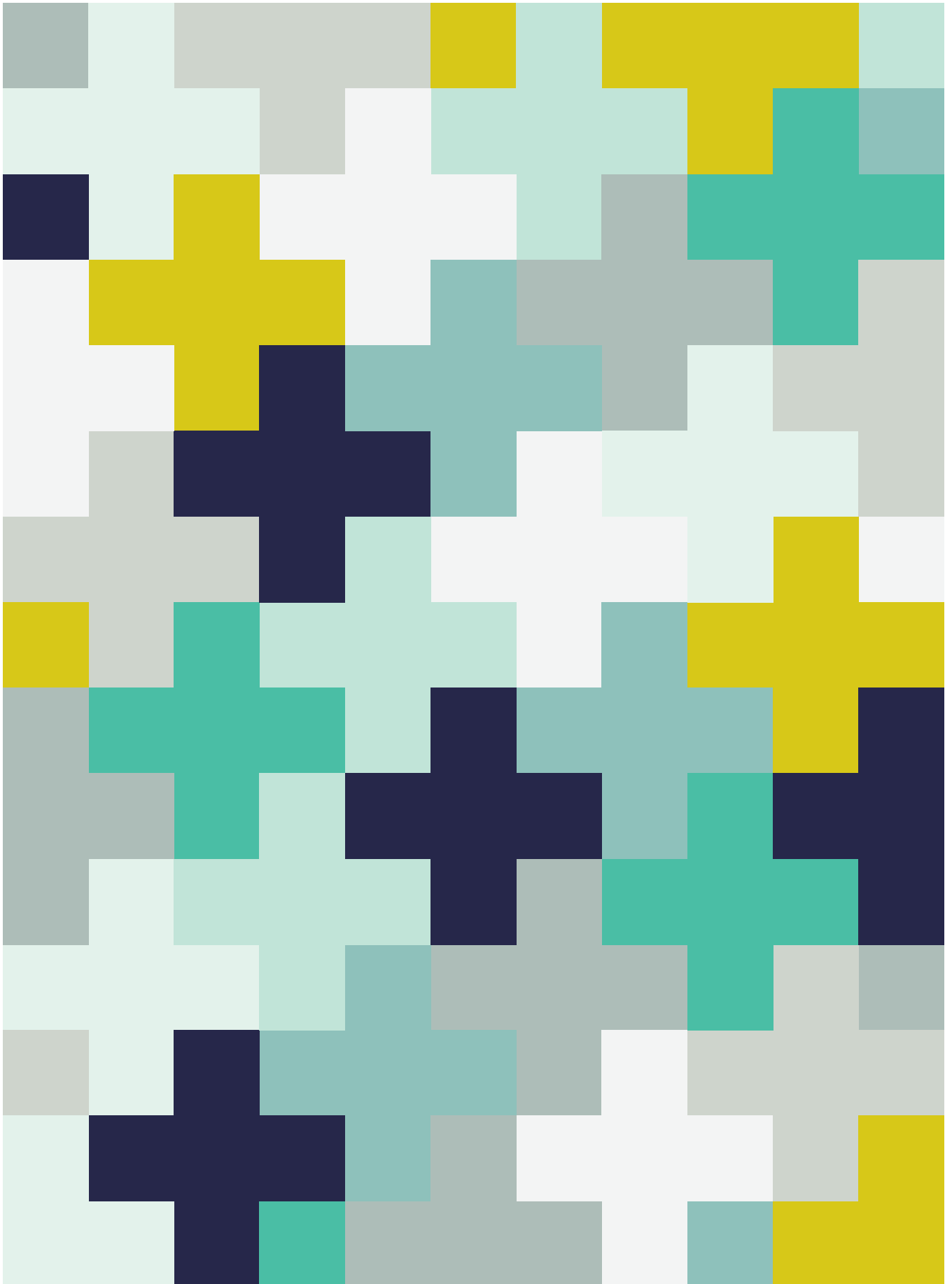


Size C
4 x 7.5"

x 6

COT SIZE OPTION 1

9 fabrics with a random layout



COT SIZE OPTION 1

Fabrics numbered 1–9, sizes A, B & C.

4a	1a	6b		5a	2a	5b		2a
1b		6a	3a	2b		5a	7a	8a
9a	1a	5a	3b		2a	4a	7b	
3a	5b		3a	8a	4b		7a	6a
3c		5a	9a	8b		4a	1a	6c
3a	6a	9b		8a	3a	1b		6a
6b		9a	2a	3b		1a	5a	3a
5a	6a	7a	2b		3a	8a	5b	
4a	7b		2a	9a	8b		5a	9a
4c		7a	2a	9b		8a	7a	9c
4a	1a	2b		9a	4a	7b		9a
1b		2a	8a	4b		7a	6a	4a
6a	1a	9a	8b		4a	3a	6b	
1a	9b		8a	4a	3b		6a	5a
1c		9a	7a	4b		3a	8a	5c

COT SIZE OPTION 1

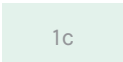

Fabrics numbered 1–9, sizes A, B & C.

4a	1a	6b		5a	2a	5b		2a
1b		6a	3a	2b		5a	7a	8a
9a	1a	5a	3b		2a	4a	7b	
3a	5b		3a	8a	4b		7a	6a
3c		5a	9a	8b		4a	1a	6c
3a	6a	9b		8a	3a	1b		6a
6b		9a	2a	3b		1a	5a	3a
5a	6a	7a	2b		3a	8a	5b	
4a	7b		2a	9a	8b		5a	9a
4c		7a	2a	9b		8a	7a	9c
4a	1a	2b		9a	4a	7b		9a
1b		2a	8a	4b		7a	6a	4a
6a	1a	9a	8b		4a	3a	6b	
1a	9b		8a	4a	3b		6a	5a
1c		9a	7a	4b		3a	8a	5c

COT SIZE OPTION 1







Fabric cutting guide

Tip: Print this page and the following, cut a little sample from your nine fabrics and attach to the table for your reference.

Fabric		Cutting Size	Finished size	No. of pieces	Fat quarters
Fabric 1	 1a	4 x 4"	3.5 x 3.5"	7	
	 1b	4 x 11"	3.5 x 10.5"	3	1
	 1c	4 x 7.5"	3.5 x 7"	1	
Fabric 2	 2a	4 x 4"	3.5 x 3.5"	7	
	 2b	4 x 11"	3.5 x 10.5"	3	1
	 2c	4 x 7.5"	3.5 x 7"	0	
Fabric 3	 3a	4 x 4"	3.5 x 3.5"	9	
	 3b	4 x 11"	3.5 x 10.5"	3	1
	 3c	4 x 7.5"	3.5 x 7"	1	
Fabric 4	 4a	4 x 4"	3.5 x 3.5"	9	
	 4b	4 x 11"	3.5 x 10.5"	3	1
	 4c	4 x 7.5"	3.5 x 7"	1	
Fabric 5	 5a	4 x 4"	3.5 x 3.5"	8	
	 5b	4 x 11"	3.5 x 10.5"	3	1
	 5c	4 x 7.5"	3.5 x 7"	1	

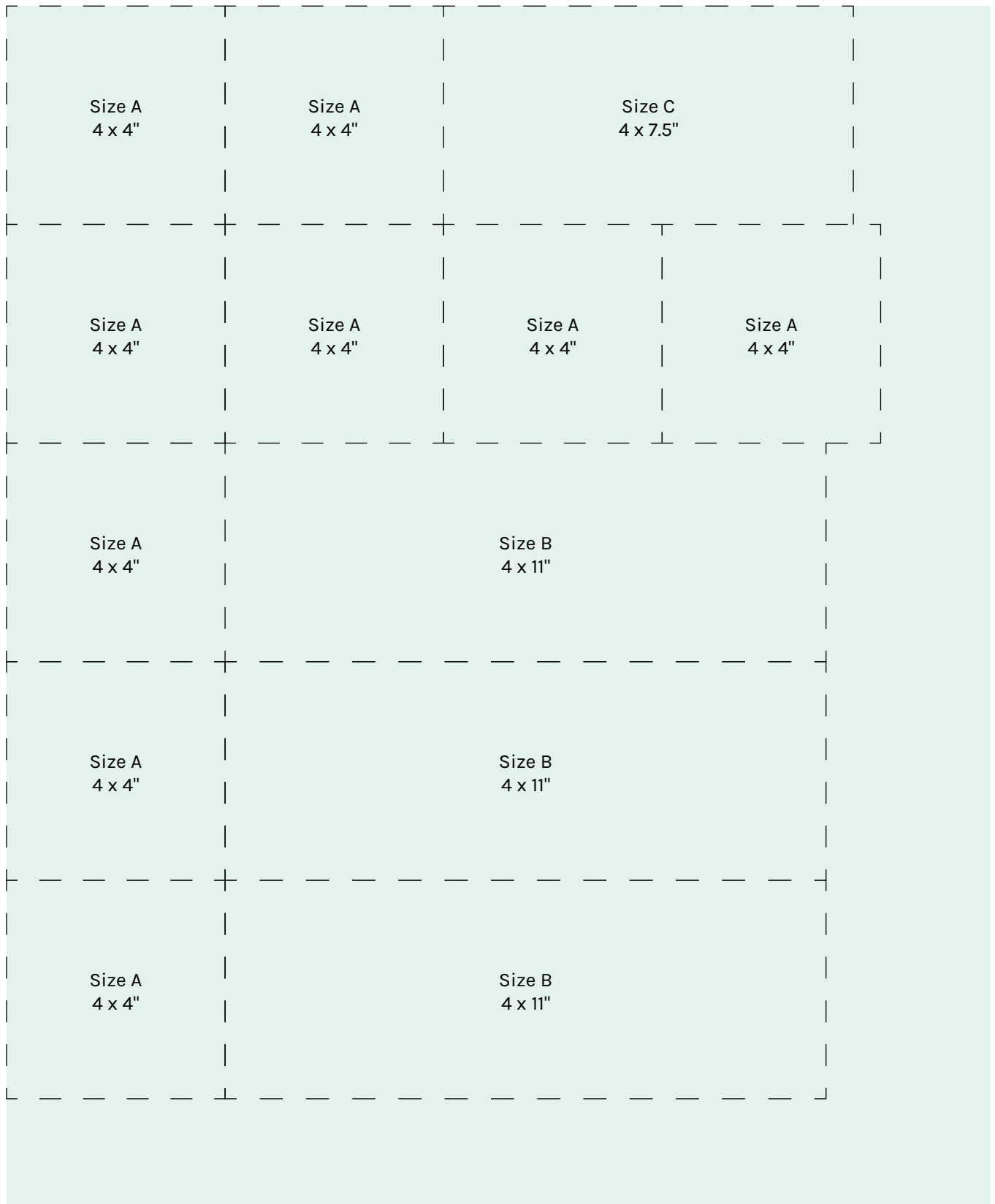
COT SIZE OPTION 1

Fabric cutting guide, *continued*

Fabric	Cutting Size	Finished size	No. of pieces	Fat quarters	
Fabric 6	 6a	4 x 4"	3.5 x 3.5"	8	
	 6b	4 x 11"	3.5 x 10.5"	3	1
	 6c	4 x 7.5"	3.5 x 7"	1	
Fabric 7	 7a	4 x 4"	3.5 x 3.5"	7	
	 7b	4 x 11"	3.5 x 10.5"	3	1
	 7c	4 x 7.5"	3.5 x 7"	0	
Fabric 8	 8a	4 x 4"	3.5 x 3.5"	8	
	 8b	4 x 11"	3.5 x 10.5"	3	1
	 8c	4 x 7.5"	3.5 x 7"	0	
Fabric 9	 9a	4 x 4"	3.5 x 3.5"	9	
	 9b	4 x 11"	3.5 x 10.5"	3	1
	 9c	4 x 7.5"	3.5 x 7"	1	
Backing Fabric	56" (1.5m) length of a standard 42" wide fabric				
Binding	Approximately 190"				

COT SIZE OPTION 1

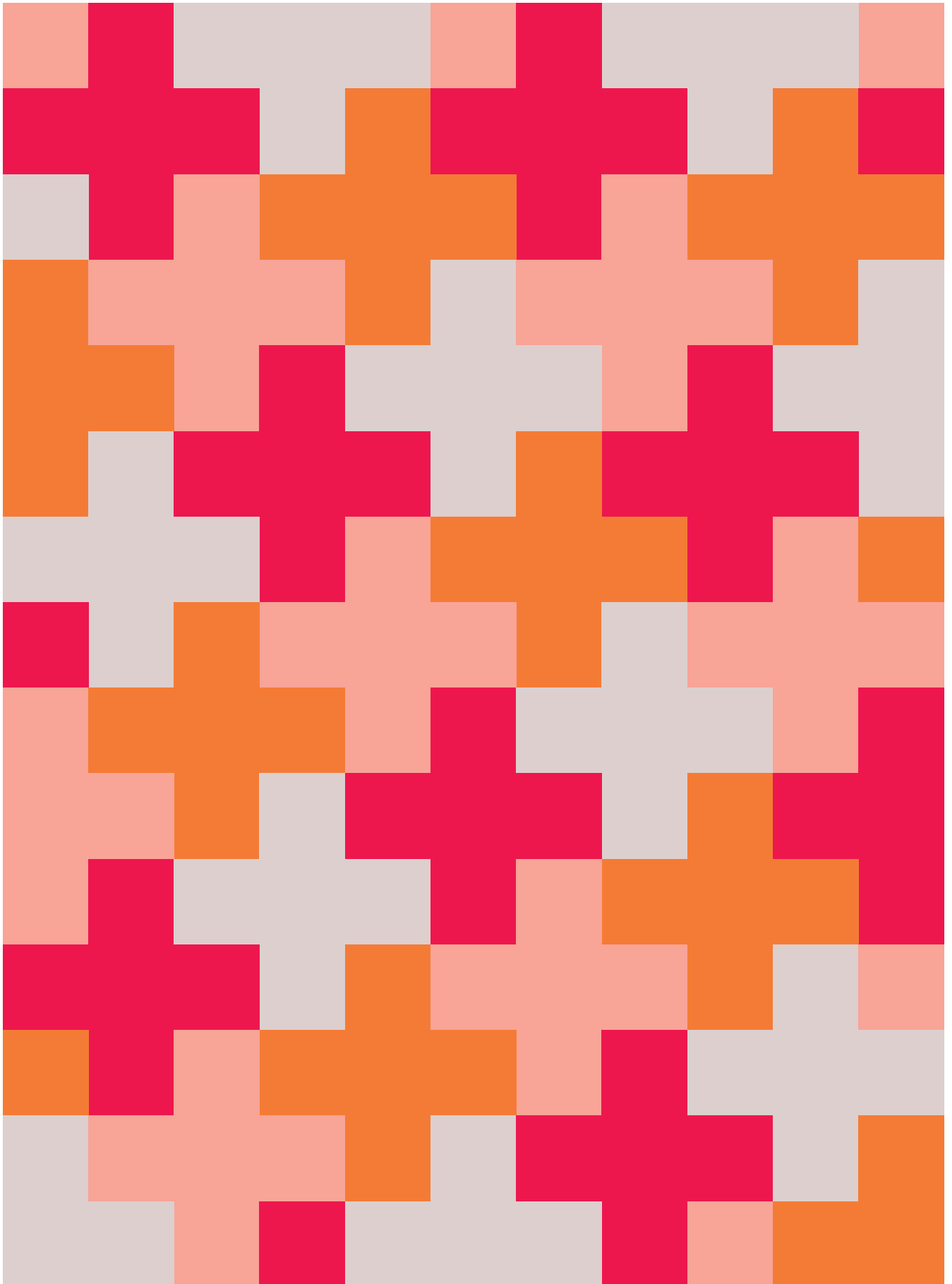
Fat quarter (18 x 22") cutting guide



Note: Do be mindful of orientation if the pattern on your fabric has an obvious right way up.

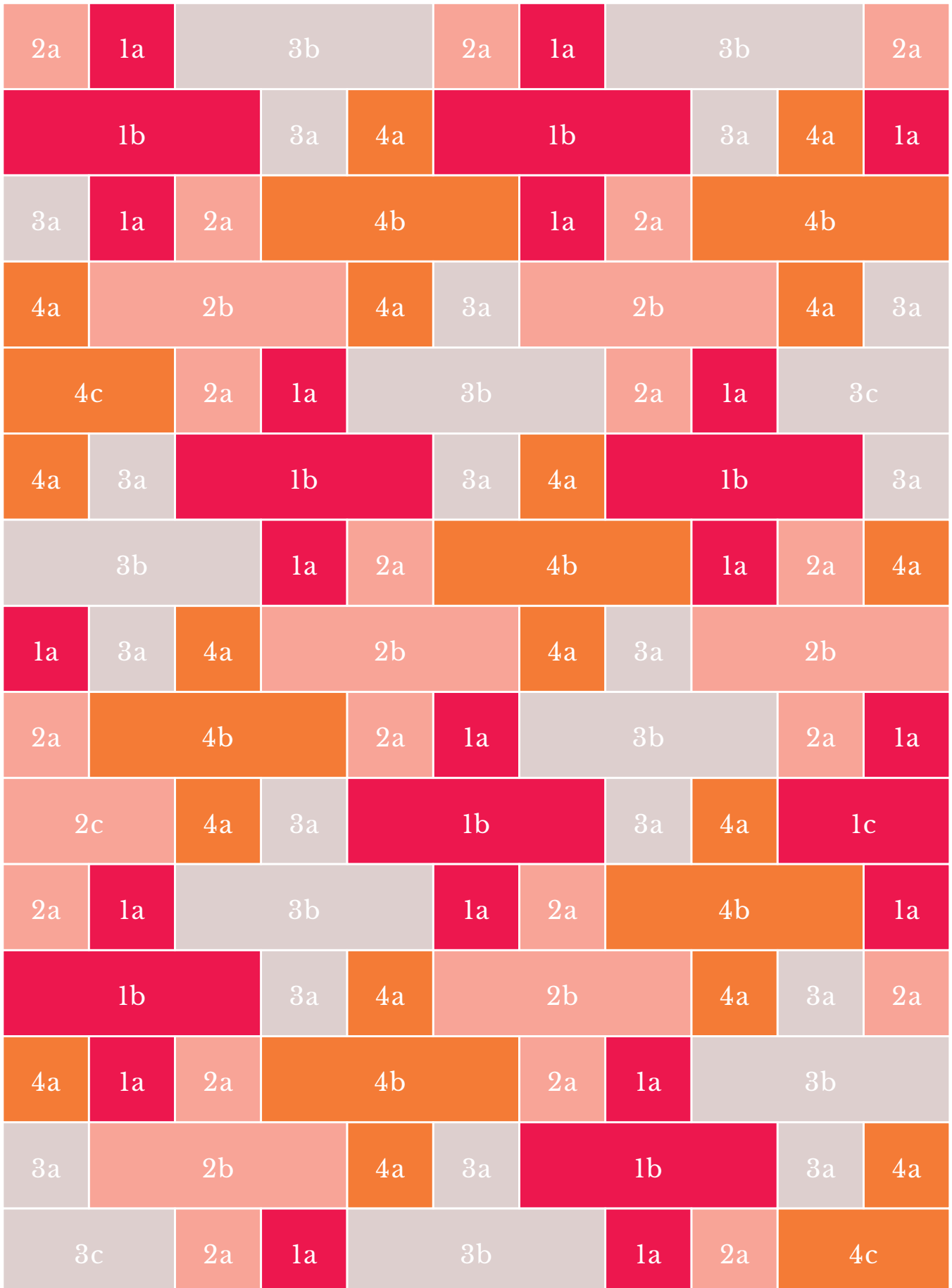
COT SIZE OPTION 2

4 fabrics with a structured layout



COT SIZE OPTION 2

Fabrics numbered 1–4, sizes A, B & C.



COT SIZE OPTION 2













Fabrics numbered 1–4, sizes A, B & C.

2a	1a	3b		2a	1a	3b		2a
1b		3a	4a	1b		3a	4a	1a
3a	1a	2a	4b		1a	2a	4b	
4a	2b		4a	3a	2b		4a	3a
4c		2a	1a	3b		2a	1a	3c
4a	3a	1b		3a	4a	1b		3a
3b		1a	2a	4b		1a	2a	4a
1a	3a	4a	2b		4a	3a	2b	
2a	4b		2a	1a	3b		2a	1a
2c		4a	3a	1b		3a	4a	1c
2a	1a	3b		1a	2a	4b		1a
1b		3a	4a	2b		4a	3a	2a
4a	1a	2a	4b		2a	1a	3b	
3a	2b		4a	3a	1b		3a	4a
3c		2a	1a	3b		1a	2a	4c

COT SIZE OPTION 2

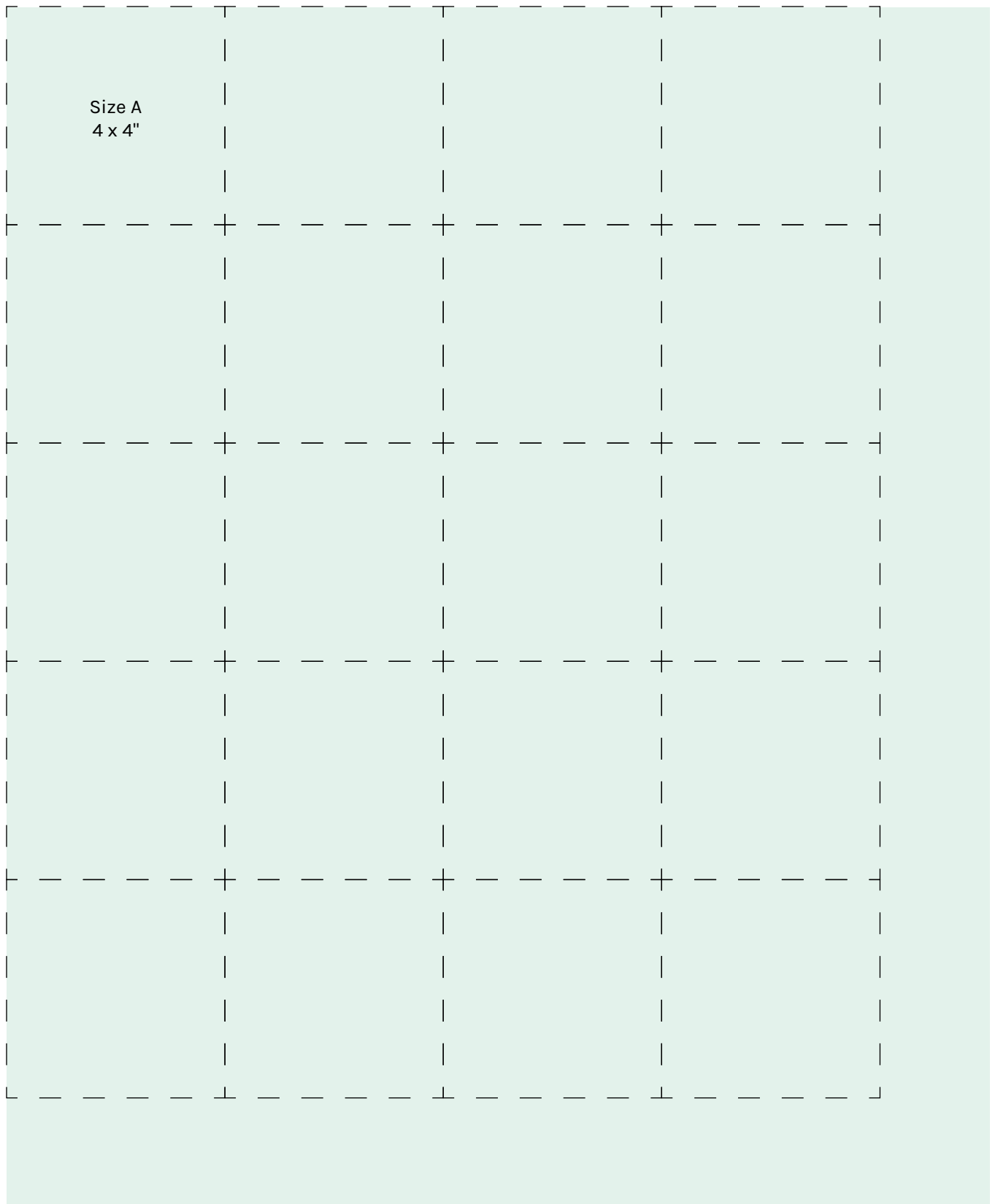
Fabric cutting guide

Tip: Print this page, cut a little sample from your four fabrics and attach to the table for your reference.

Fabric		Cutting Size	Finished size	No. of pieces	Fat quarters
Fabric 1	 1a	4 x 4"	3.5 x 3.5"	19	
	 1b	4 x 11"	3.5 x 10.5"	7	3 (one for each size)
	 1c	4 x 7.5"	3.5 x 7"	1	
Fabric 2	 2a	4 x 4"	3.5 x 3.5"	19	
	 2b	4 x 11"	3.5 x 10.5"	6	3 (one for each size)
	 2c	4 x 7.5"	3.5 x 7"	1	
Fabric 3	 3a	4 x 4"	3.5 x 3.5"	17	
	 3b	4 x 11"	3.5 x 10.5"	8	3 (one for each size)
	 3c	4 x 7.5"	3.5 x 7"	2	
Fabric 4	 4a	4 x 4"	3.5 x 3.5"	17	
	 4b	4 x 11"	3.5 x 10.5"	6	3 (one for each size)
	 4c	4 x 7.5"	3.5 x 7"	2	
Backing Fabric		56" (1.5m) length of a standard 42" wide fabric			
Binding		Approximately 190"			

COT SIZE OPTION 2

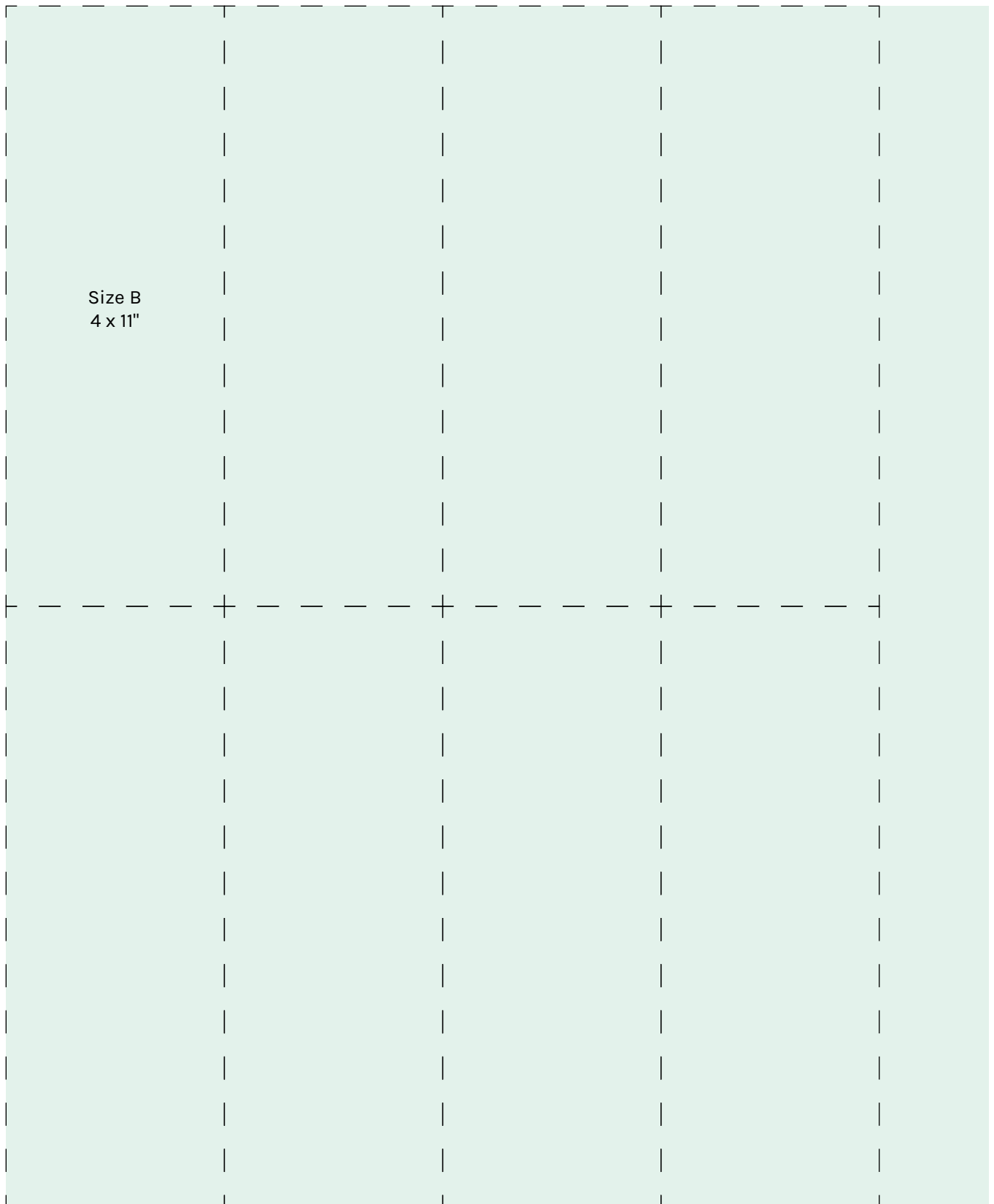
Fat quarter (18 x 22") cutting guide



Size A : 4 x 4"
20 per fat quarter

COT SIZE OPTION 2

Fat quarter (18 x 22") cutting guide



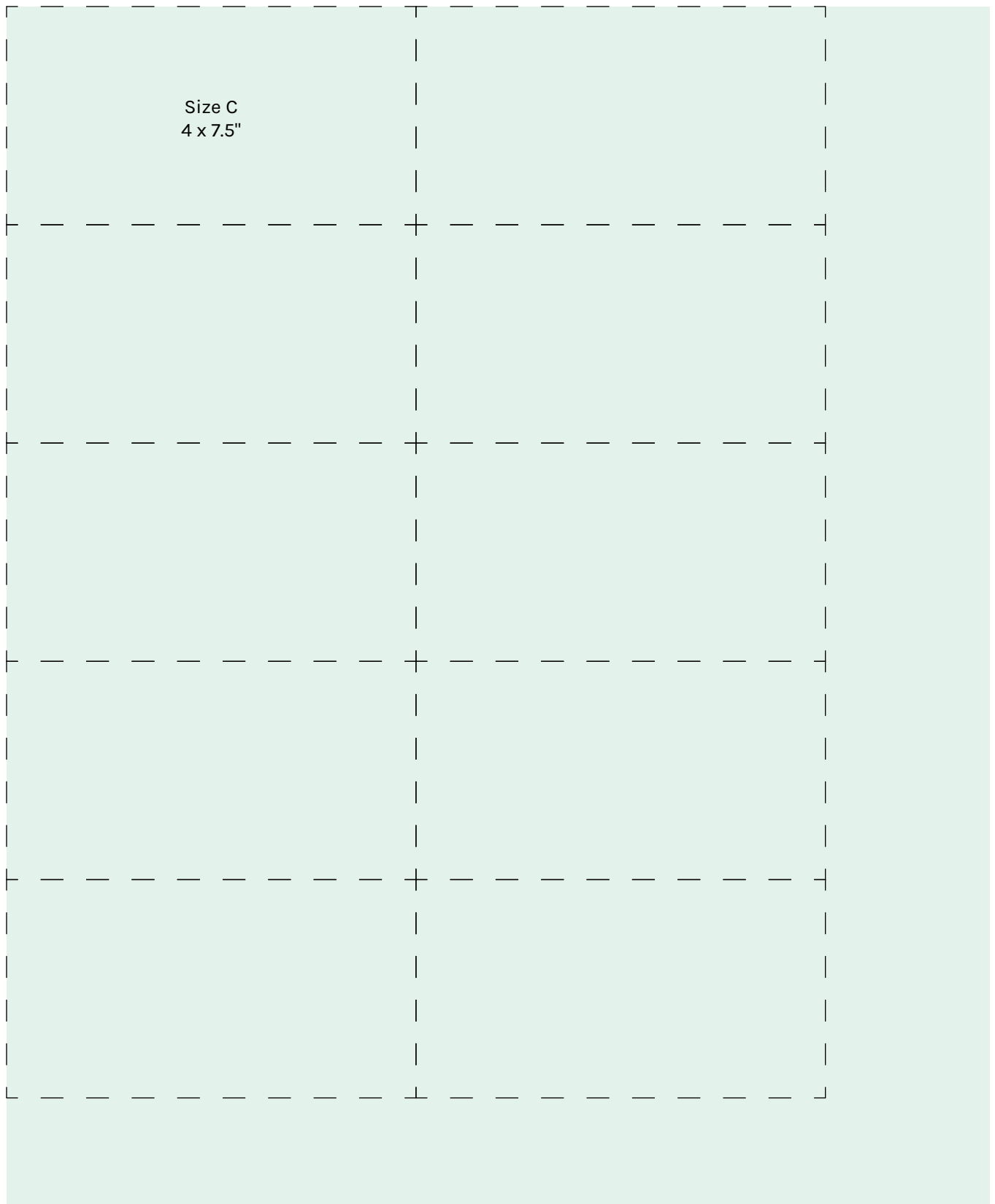
Size B : 4 x 11"

8 per fat quarter

Note: Do be mindful of orientation if the pattern on your fabric has an obvious right way up. You may need to buy an extra fat quarter and cut in a horizontal (not vertical) direction.

COT SIZE OPTION 2

Fat quarter (18 x 22") cutting guide



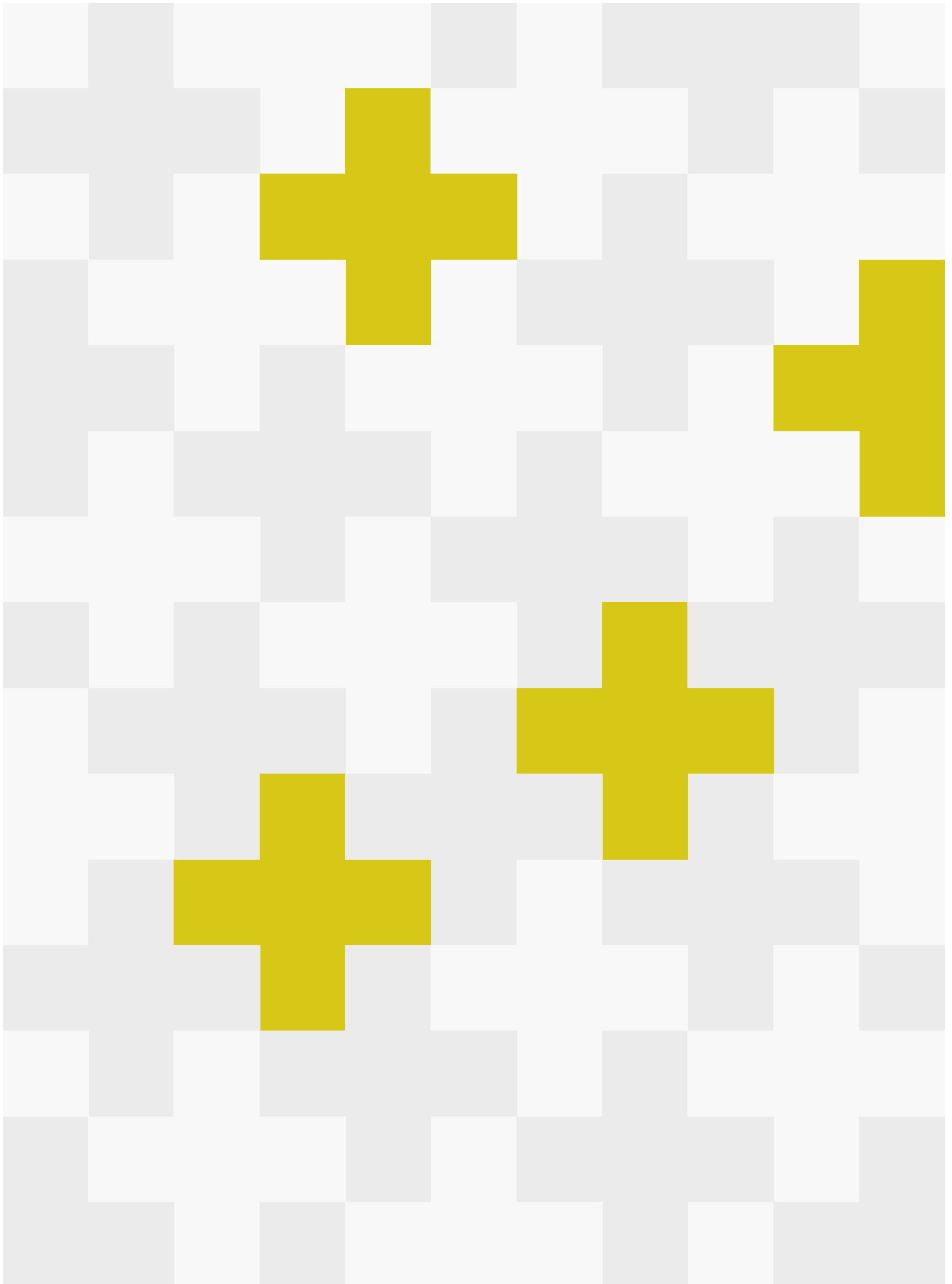
Size C : 4 x 7.5"

10 per fat quarter

Note: you won't need more than 2 of this size from any fabric.

COT SIZE OPTION 3

3 Fabrics with a structured background and random feature plus' layout



COT SIZE OPTION 3

Fabrics numbered 1–3, sizes A, B & C.

1a	2a	1b		2a	1a	2b		1a
2b		1a	3a	1b		2a	1a	2a
1a	2a	1a	3b		1a	2a	1b	
2a	1b		3a	1a	2b		1a	3a
2c		1a	2a	1b		2a	1a	3c
2a	1a	2b		1a	2a	1b		3a
1b		2a	1a	2b		1a	2a	1a
2a	1a	2a	1b		2a	3a	2b	
1a	2b		1a	2a	3b		2a	1a
1c		2a	3a	2b		3a	2a	1c
1a	2a	3b		2a	1a	2b		1a
2b		3a	2a	1b		2a	1a	2a
1a	2a	1a	2b		1a	2a	1b	
2a	1b		2a	1a	2b		1a	2a
2c		1a	2a	1b		2a	1a	2c

COT SIZE OPTION 3


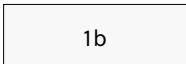
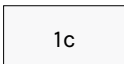

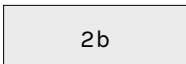
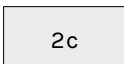



Fabrics numbered 1–3, sizes A, B & C.

1a	2a	1b		2a	1a	2b		1a
2b		1a	3a	1b		2a	1a	2a
1a	2a	1a	3b		1a	2a	1b	
2a	1b		3a	1a	2b		1a	3a
2c		1a	2a	1b		2a	1a	3c
2a	1a	2b		1a	2a	1b		3a
1b		2a	1a	2b		1a	2a	1a
2a	1a	2a	1b		2a	3a	2b	
1a	2b		1a	2a	3b		2a	1a
1c		2a	3a	2b		3a	2a	1c
1a	2a	3b		2a	1a	2b		1a
2b		3a	2a	1b		2a	1a	2a
1a	2a	1a	2b		1a	2a	1b	
2a	1b		2a	1a	2b		1a	2a
2c		1a	2a	1b		2a	1a	2c

COT SIZE OPTION 3

Fabric cutting guide

Tip: Print this page, cut a little sample from your 3 fabrics and attach to the table for your reference.

Fabric	Cutting Size	Finished size	No. of pieces	Fat quarters	
Fabric 1	 1a	4 x 4"	3.5 x 3.5"	32	
	 1b	4 x 11"	3.5 x 10.5"	12	4
	 1c	4 x 7.5"	3.5 x 7"	2	
Fabric 2	 2a	4 x 4"	3.5 x 3.5"	32	
	 2b	4 x 11"	3.5 x 10.5"	12	4
	 2c	4 x 7.5"	3.5 x 7"	3	
Fabric 3	 3a	4 x 4"	3.5 x 3.5"	17	
	 3b	4 x 11"	3.5 x 10.5"	8	1
	 3c	4 x 7.5"	3.5 x 7"	2	

Backing Fabric 56" (1.5m) length of a standard 42" wide fabric

Binding Approximately 190"

Note: You can use the fat quarter cutting guide on page 10, x 1 fat quarter for fabric 3; and x 4 fat quarters to get the number of pieces you need for fabrics 1 and 2. Or, if you prefer, you could break it down as per below:

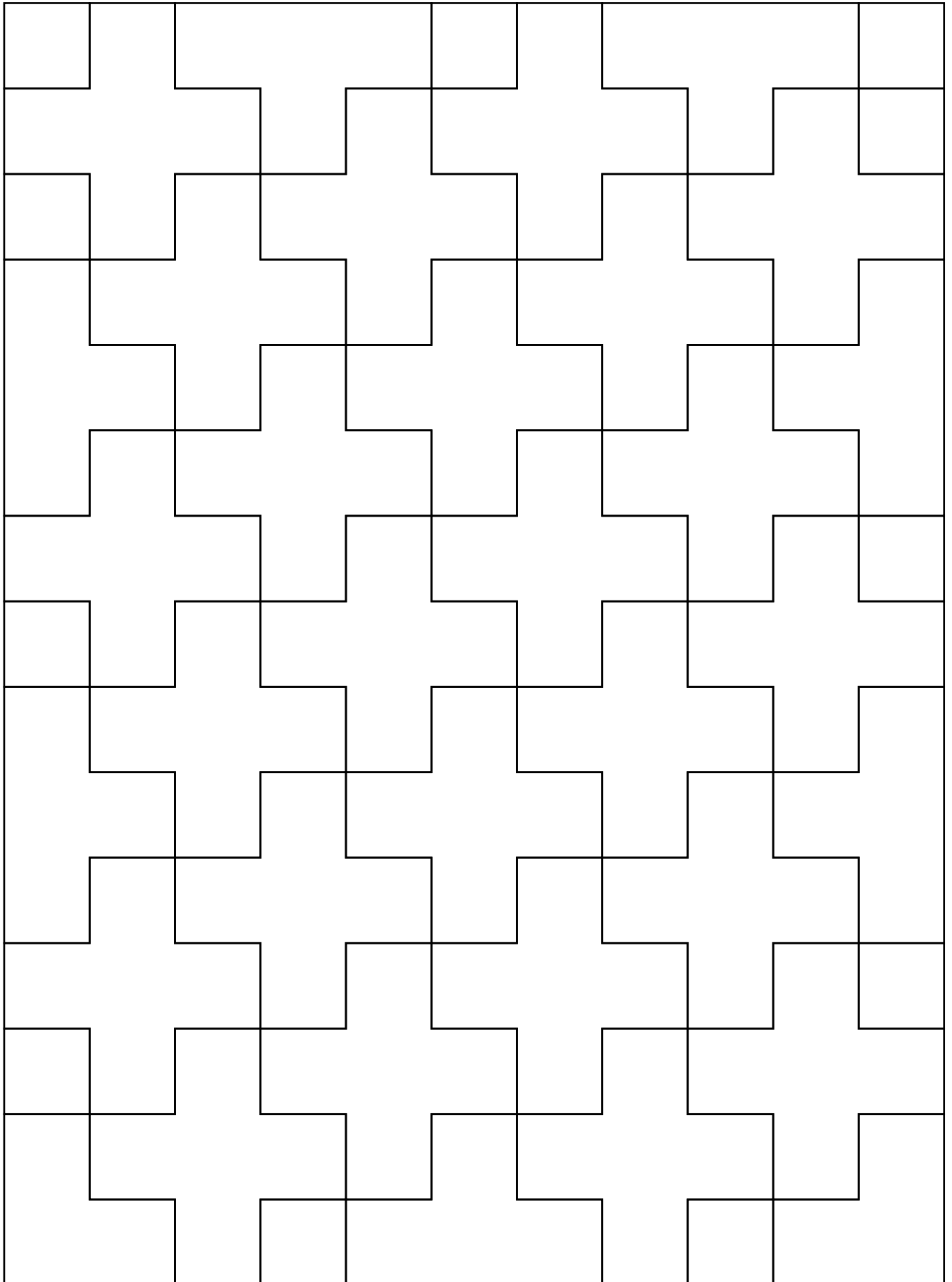
Fat quarter 1: 20 x Size A (see page 14);

Fat quarter 2: 8 x Size B (see page 15);

Fat quarters 3 & 4: a mix of the remaining 12 x Size A, 4 x Size B and (2 or 3) x Size C.

COT SIZE OPTION 1, 2 or 3

Use the below to map out your fabric layout

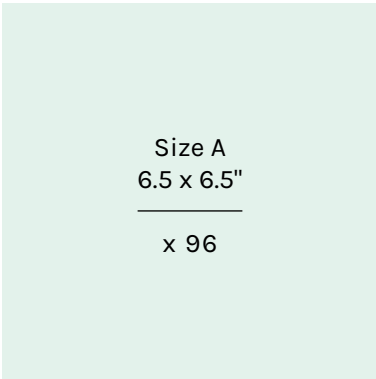


The finished size:
90 x 90" (queen size)

Seam allowance:
1/4-inch

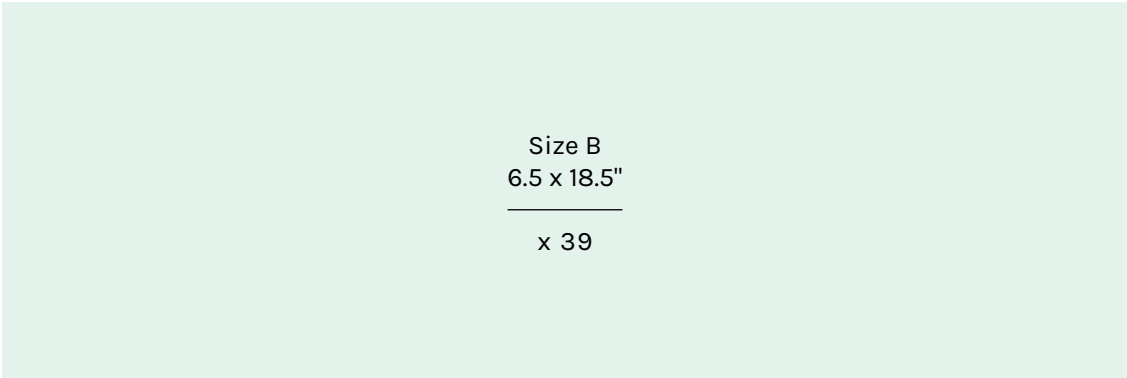
Yes!

Just three sizes to cut!



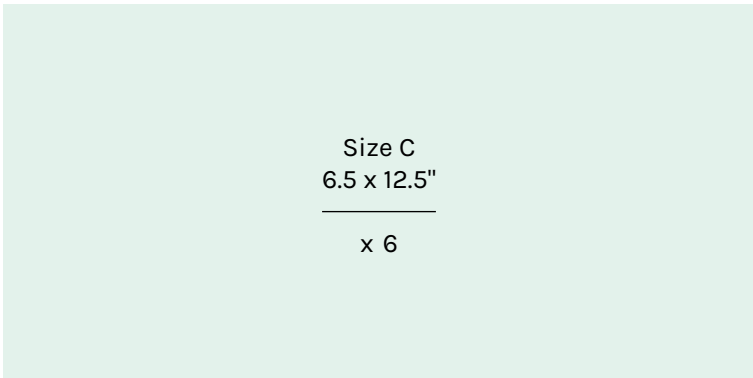
Size A
6.5 x 6.5"

x 96



Size B
6.5 x 18.5"

x 39

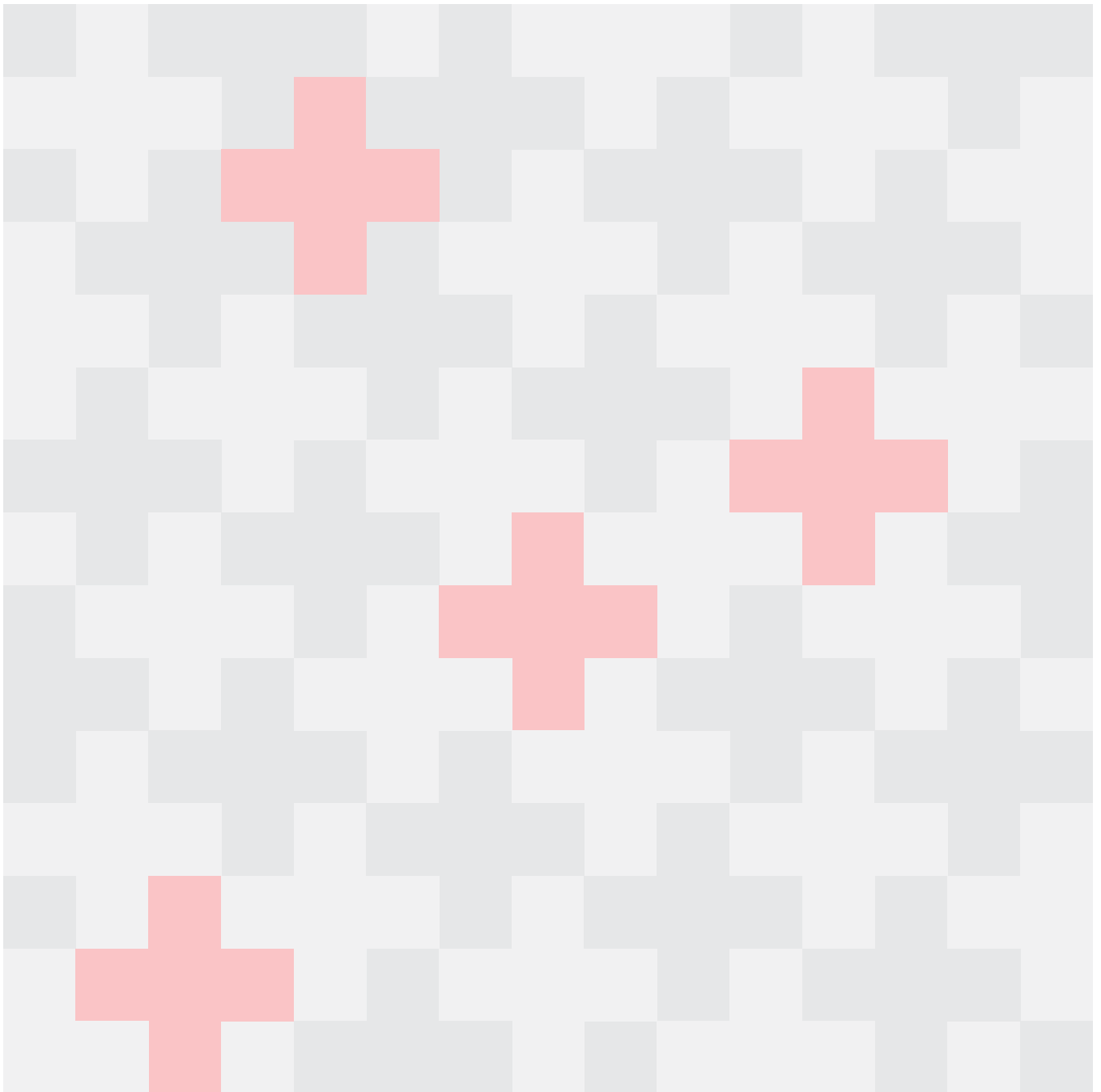


Size C
6.5 x 12.5"

x 6

QUEEN SIZE OPTION 1

3 Fabrics with a structured background and random feature plus' layout



QUEEN SIZE OPTION 1

Fabrics numbered 1–3, sizes A, B & C.

1a	2a	1b		2a	1a	2b		1a	2a	1b		
2b		1a	3a	1b		2a	1a	2b		1a	2a	
1a	2a	1a	3b		1a	2a	1b		2a	1a	2c	
2a	1b		3a	1a	2b		1a	2a	1b		2a	
2c		1a	2a	1b		2a	1a	2b		1a	2a	1a
2a	1a	2b		1a	2a	1b		2a	3a	2b		
1b		2a	1a	2b		1a	2a	3b		2a	1a	
2a	1a	2a	1b		2a	3a	2b		3a	2a	1c	
1a	2b		1a	2a	3b		2a	1a	2b		1a	
1c		2a	1a	2b		3a	2a	1b		2a	1a	2a
1a	2a	1b		2a	1a	2b		1a	2a	1b		
2b		1a	2a	1b		2a	1a	2b		1a	2a	
1a	2a	3a	2b		1a	2a	1b		2a	1a	2c	
2a	3b		2a	1a	2b		1a	2a	1b		2a	
2c		3a	2a	1b		2a	1a	2b		1a	2a	1a

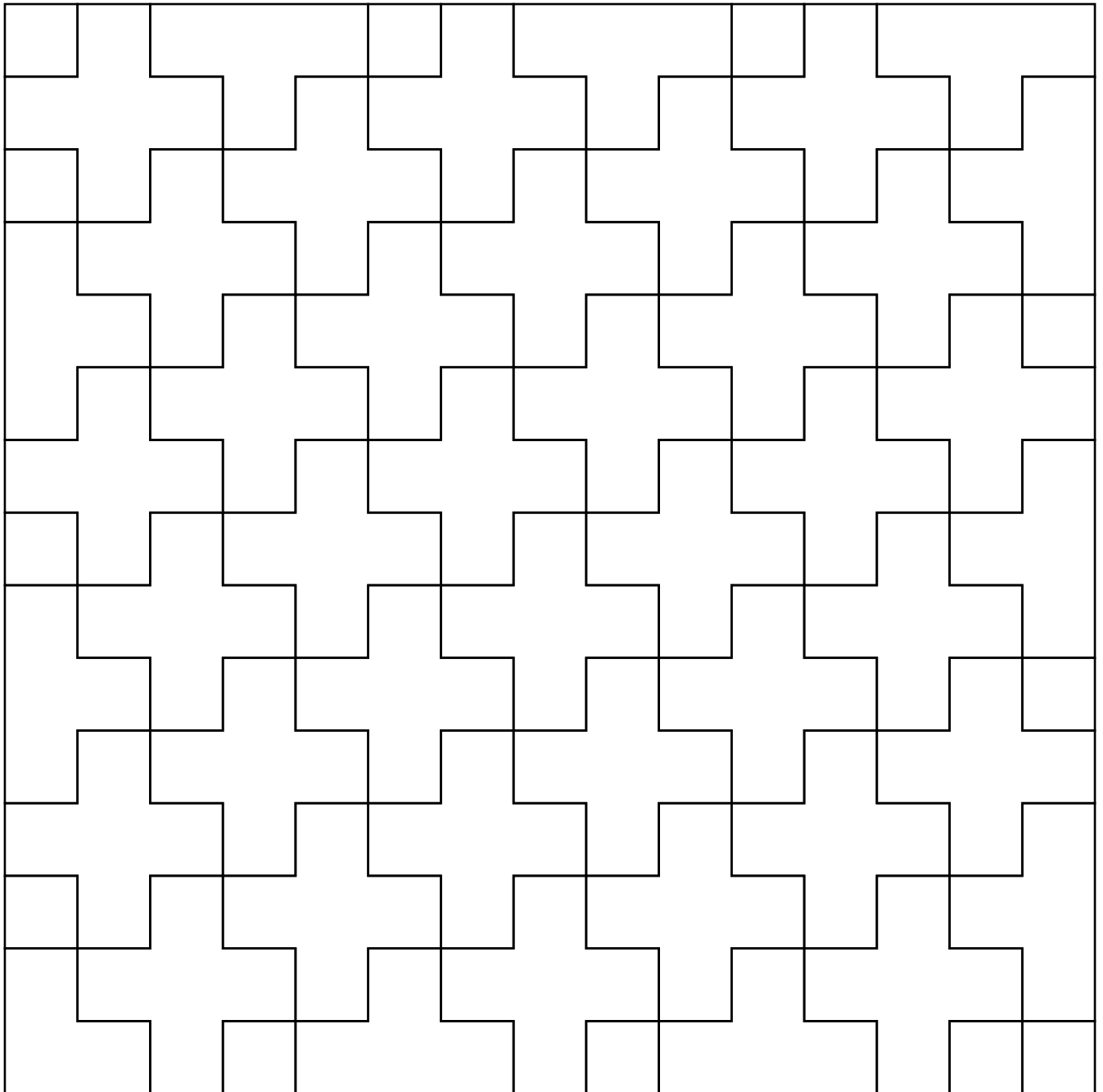
QUEEN SIZE OPTION 1

Fabrics numbered 1–3, sizes A, B & C.

1a	2a	1b		2a	1a	2b		1a	2a	1b		
2b		1a	3a	1b		2a	1a	2b		1a	2a	
1a	2a	1a	3b		1a	2a	1b		2a	1a	2c	
2a	1b		3a	1a	2b		1a	2a	1b		2a	
2c		1a	2a	1b		2a	1a	2b		1a	2a	1a
2a	1a	2b		1a	2a	1b		2a	3a	2b		
1b		2a	1a	2b		1a	2a	3b		2a	1a	
2a	1a	2a	1b		2a	3a	2b		3a	2a	1c	
1a	2b		1a	2a	3b		2a	1a	2b		1a	
1c		2a	1a	2b		3a	2a	1b		2a	1a	2a
1a	2a	1b		2a	1a	2b		1a	2a	1b		
2b		1a	2a	1b		2a	1a	2b		1a	2a	
1a	2a	3a	2b		1a	2a	1b		2a	1a	2c	
2a	3b		2a	1a	2b		1a	2a	1b		2a	
2c		3a	2a	1b		2a	1a	2b		1a	2a	1a

QUEEN SIZE OPTION 1





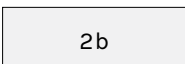


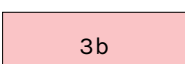
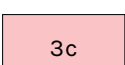
Use the below to map out your fabric, or design your own layout



QUEEN SIZE OPTION 1

Fabric cutting guide

Tip: Print this page, cut a little sample from your 3 fabrics and attach to the table for your reference.

Fabric		Cutting Size	Finished size	No. of pieces	Fabric req.*
Fabric 1		6.5 x 6.5"	6 x 6"	42	
		6.5 x 18.5"	6 x 18"	17	120" / 3.05m
		6.5 x 12.5"	6 x 12"	2	
Fabric 2		6.5 x 6.5"	6 x 6"	46	
		6.5 x 18.5"	6 x 18"	18	130" / 3.35m
		6.5 x 12.5"	6 x 12"	4	
Fabric 3		6.5 x 6.5"	6 x 6"	8	
		6.5 x 18.5"	6 x 18"	4	32.5" / 0.83m
		6.5 x 12.5"	6 x 12"	0	

Backing Fabric 2x 100" (2.5m) lengths of a standard 42" wide fabric
PLUS an additional 100" length x 20" wide fabric strip to join the two 42" pieces together (see illustration following page).

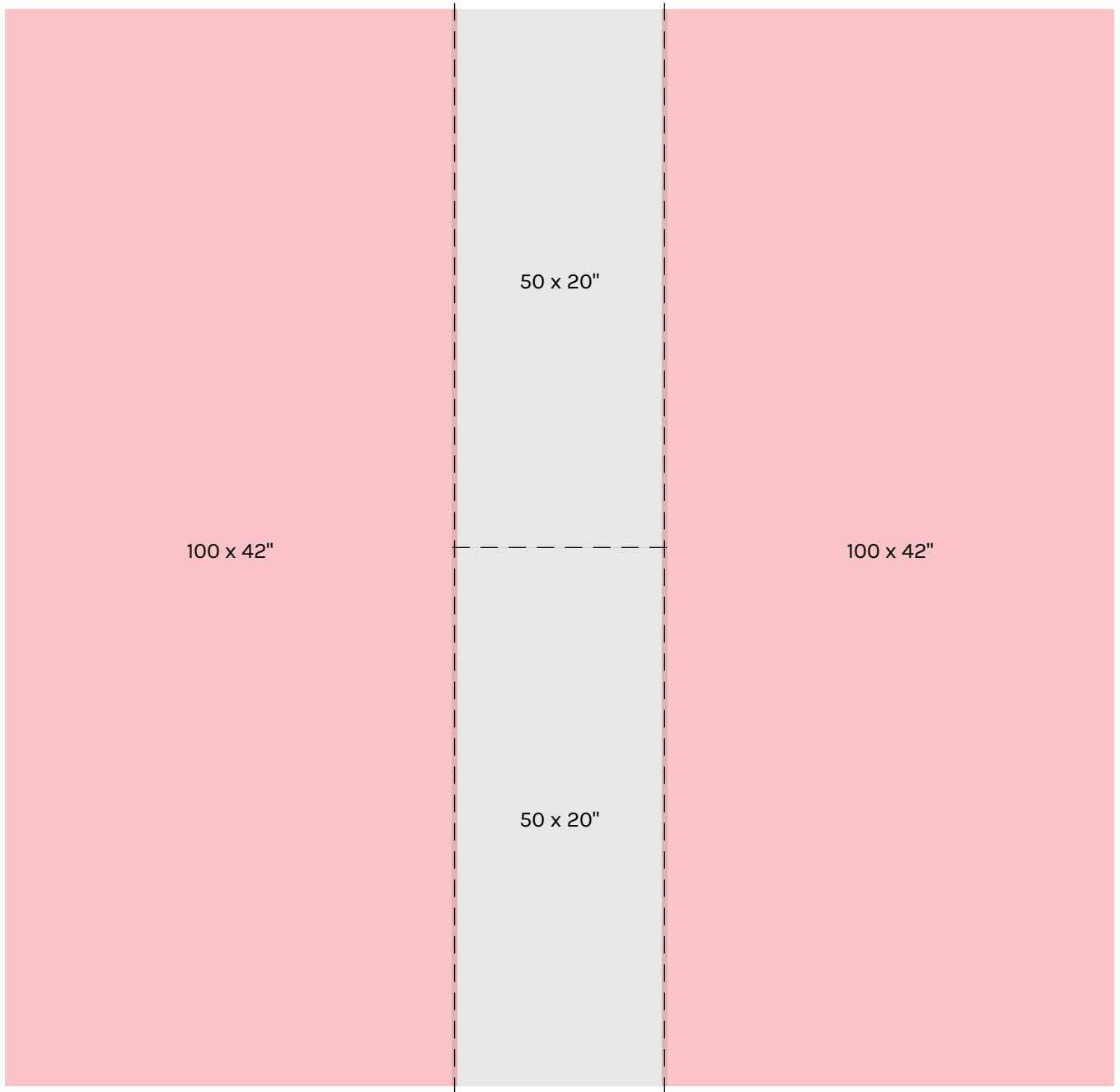
Binding Approximately 370" / 10.2 yards / 9.4m

Note: Fabric length required based on a standard 42" width roll. I have rounded up a couple inches to give you a little room for error.

I haven't provided a fat quarter cutting guide or specified the number of fat quarters you will need to complete this queen size quilt. Because of the quantity of fabric required, this design is probably better suited to buying from the roll.

QUEEN SIZE OPTION 1

Backing fabric



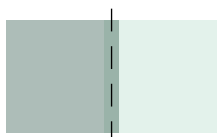
Note: The central panel can be made from two 20 x 50" fabric pieces (a 42" wide fabric piece cut in two) to save on fabric costs.

How to piece together

Step 1: Lay out all your cut pieces together. You will piece together row by row, starting at the top.



Step 2: Sew together the first and second pieces, with a 1/4-inch seam allowance.



Step 3: Sew the third piece in the row to the first and second pieces.



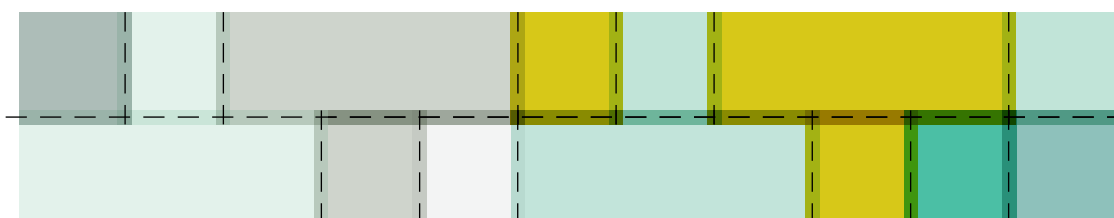
Step 4: Continue on until you have completed your first row.



Step 5: Repeat steps 1 to 4 with your second and remaining rows.



Step 6: Once you have completed all rows, you may begin to join your rows together. Try to be accurate when pinning together, as you want your plus' to line up.



Step 7: Carry on sewing together your rows until finished.

Step 8: Quilt and bind as desired.

A straight stitch 1/4-inch on both sides of each ditch is an effective look, but be sure you start from the middle and work your way out, or your fabric may pucker. The finished cot quilt size is small enough to allow for a single backing fabric, but feel free to jazz it up. With a 42 x 56" backing fabric, there should be enough overhang to allow your quilt to be professionally quilted. The finished queen quilt size will require you to join two or more pieces of fabric together for your backing. If you're getting your quilt professionally quilted, be sure you leave plenty of overhand.